

HOW TO TURN YOUR RESEARCH QUESTIONS (Step 4) INTO A THESIS STATEMENT (Step 5):

Start with your Research Questions →

Consider what you learned about your topic in Step 3→

Create statements →

1. What causes people to start smoking?
2. What health risks are associated with smoking?
3. Why is it so hard to quit smoking?

- *Peer pressure, social “rewards”; runs in the family (genetic predisposition); advertisements are persuasive; stress relief (#1 answer)*
- *Lung cancer; chronic obstructive pulmonary disease; shortened life span; high blood pressure, asthma; cardiovascular diseases is #1 cause of death due to smoking*
- *Both physical & psychological addictions; on average takes about 12 weeks (3 months) for brain to “switch off” its nicotine radar.*

1. People often start smoking for many reasons including peer pressure, genetic predisposition and because it is a form of stress relief.
2. The general health risks associated with smoking can range from pulmonary disease to lung cancer to cardiovascular diseases.
3. Smokers often time have a very difficult time quitting smoking because the extent of their addiction includes both psychological and physiological struggles which can take up at least 3 months to manage.

Combine the statements you created into one unified thesis. Take a little from #1, #2 and #3. If needed, rearrange the order of your questions to make your thesis clearer.

Remember that a thesis is usually 1 sentence, but can also be 2, if needed.→

Please note that this can be somewhat-complicated step. Be prepared to “play around” with the addition and omission of words, and their order until you find an arrangement that you’re happy with. 😊

★ Smokers choose to start smoking for many reasons, may battle extreme physical and psychological struggles when trying to quit, and are at risk for developing serious health issues.

★ While many people start smoking for different reasons, their health risks are often the same. The physical and psychological challenges associated with their addiction to nicotine, often makes it very challenging to quit.

★ Smokers may choose to start smoking for different reasons including peer pressure and to cope with stress, but should also choose to battle the physical and psychological addictions that make it so hard to quit, in order to avoid the many health risks associated with smoking, such as cancer to heart disease.

Three acceptable thesis options:

The 1st is direct & simple.

The 2nd demonstrates a thesis can be in 2 sentences.

The 3rd is a bit more complicated, but demonstrates how you can include specific examples too.

MAKING SENSE OF THE THESIS... & PREPARING FOR THE NEXT STEPS:

TOPIC

Subtopic 1

Smokers choose to start smoking for many reasons, battle extreme

Subtopic 2

psychological and physiological struggles when trying to quit, and are

Subtopic 3

at risk for developing serious health issues.

Study the thesis example again:

So, when reading, making notecards and organizing information, this writer's attention should be on:

Subtopic 1: starting smoking (reasons)

Subtopic 2: quitting smoking

Subtopic 3: health risks



Your thesis should reveal how the rest of the paper is going to be organized:

Introduction: Introduce "smoking" as topic and the thesis.

Body Paragraph 1: Explanation of the factors/issues behind why people start smoking in the first place.

Body Paragraph 2: Explanation of the physical & psychological addictions that make it hard to quit.

Body Paragraph 3: Health risks/diseases associated with smoking

Conclusion: Wrap-up previously-stated points.

And ***THAT*** leads directly into Step 6D (creating & organizing your note cards by subtopics)!

[Descriptive title/ main topic of the note here]

Source #

Begin note here: _____

quitting smoking

Source #

Health Risks

Source #

Begin note here: _____

Page # (if book)

Page # (if book)

Your Turn...

TURNING YOUR RESEARCH QUESTIONS (Step 4)
INTO A THESIS STATEMENT (Step 5):

Start with your Research Questions →

1.

2.

3.

**Consider what you learned
about your topic in Step 3→**
*(Jot down some notes about the 3
subtopics)*

Create statements →

**Combine the statements you created
into one unified thesis. Take a little
from #1, #2 and #3. If needed,
rearrange the order of your questions
to make your thesis clearer.**

**Remember that a thesis is usually 1
sentence, but can also be 2, if
needed.→**

Please note that this can be a somewhat-
complicated step. Be prepared to “play
around” with the addition and omission of
words, and their order until you find an
arrangement that you’re happy with. 😊

MAKING SENSE OF YOUR THESIS...& PREPARING FOR THE NEXT STEPS:

Rewrite your final thesis statement and underline or highlight (using 3 different colors) your three subtopics:

How will your paper be organized?

So, when reading, making notecards and organizing information, what should your attention be on???

Subtopic 1: _____
Subtopic 2: _____
Subtopic 3: _____



Introduction: *Introduce "smoking" as topic and the thesis.*

Body Paragraph 1: _____

Body Paragraph 2: _____

Body Paragraph 3: _____

Conclusion: *Wrap-up previously-stated points.*

And THAT leads directly into Step 6D (creating & organizing your note cards by subtopics)!

Source #
Begin note here: _____

Page # (if book)

Source #
Begin note here: _____

Page # (if book)

Source #
Begin note here: _____

Page # (if book)

If you're choosing to use colored note cards, try to stick to this color-coding system:

Pink- intro/background info
Yellow- subtopic 1
Orange- subtopic 2
Green- subtopic 3
White- conclusion info